



ALLERGEN CHART



WHAT ARE ALLERGENS?

Ingredients or other substances or products (such as processing aids) that may cause allergies or intolerances in some people, some of which constitute a health hazard for those affected.

ALLERGEN CHART



STARTERS

Snack of Fried Corn with Salt						MC		MC			MC	MC		
Olives													MC	
Carrot Sticks with Garlic Mayonnaise	C		C			C								
Carrot														
Garlic Mayonnaise	C		C			C								
Caco Bread with Garlic Butter	C	MC	MC	MC			C	MC	MC		MC			MC
Caco Bread	C	mc	mc	mc			mc	mc	mc		mc			mc
Garlic Butter							C							
French Fries with Cheddar and Bacon							C							
French Fries														
Cheddar Cheese							C							
Bacon														
French Fries with Cheddar, Bacon and Crispy Onion	C						C							
French Fries														
Cheddar Cheese							C							
Bacon														
Crispy Onion	C													

LEGEND

The information on allergens was provided to us by our suppliers and is presumed to be true. It is correct and confirmed by a professional accredited in the field of Nutrition, Nutritionist Inês Gamba Henriques (C.P. 4784N), at the date of publication, and may be subject to change without prior notice. However, we don't rule out the possibility of cross-contamination.

C Contains the allergen
MC May Contain the allergen



ALLERGEN CHART



BURGERS ON BREAD

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Burguer Bread	C		C			MC	C	MC		MC	C			MC
Caco Bread with Garlic Butter	C	MC	MC	MC			C	MC	MC		MC			MC
French Fries with Salt and Oreganos	allergen free													
Garlic Mayonnaise	C		C			C								
Pelintra	C		C			MC	C	MC		MC	C			MC
Beef	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Esquecido	C		C			MC	C	MC		MC	C			MC
Beef	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheese							C							
Toucinho	C		C			MC	C	MC		MC	C			MC
Beef	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheese							C							
Bacon	allergen free													
Inglês	C		C			MC	C	MC		MC	C			MC
Beef	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheese							C							
Bacon	allergen free													
Fried Egg			C											
Avenida	C		C			MC	C	MC		MC	C	C		MC
Beef	allergen free													
Spinach	allergen free													
Grilled Tomato	allergen free													
Cheddar Cheese							C							
Fried Onion												C		

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BURGERS ON BREAD

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Caco *	C	MC	MC	MC			C	MC	MC		MC			MC
Beef	allergen free													
Arugula	allergen free													
Grilled Tomato	allergen free													
Brie Cheese							C							
Barbecue	C		C			MC	C	MC	C	MC	C			MC
Beef	allergen free													
Lettuce and Tomato	allergen free													
Cheddar Cheese							C							
Bacon	allergen free													
Red Onion	allergen free													
Barbecue Sauce										C				
Crocante	C		C			MC	C	MC	C	MC	C			MC
Beef	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheddar Cheese							C							
Bacon	allergen free													
Crispy Onion	C													
Barbecue Sauce										C				
Americano	C		C			MC	C	MC		C	C	C		MC
Beef	allergen free													
Lettuce	allergen free													
Cheddar Cheese							C							
Pickled Gherkins												C		
Red Onion	allergen free													
Tartar Sauce			C							C				
Pimentinha	C		C			MC	C	MC	MC	MC	C			MC
Beef	allergen free													
Lettuce and Tomato	allergen free													
Cheddar Cheese							C							
Bacon	allergen free													
Red Onion	allergen free													
Pepper										mc	mc	mc		
Mayonnaise			C											
Ketchup	allergen free													

* On Caco Bread with Garlic Butter

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BURGERS ON BREAD

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Old School	C		C			MC	C	MC		C	C	C		MC
Beef	allergen free													
Cheddar Cheese							C							
Bacon	allergen free													
Pickled Gherkins												C		
Crispy Onion	C													
Ketchup	allergen free													
Mustard	C									C				
Chèvre *	C	MC	MC	MC	MC	MC	C	C	MC		MC	MC		MC
Beef	allergen free													
Arugula	allergen free													
Tomato	allergen free													
Chèvre Cheese							C							
Walnuts	mc				mc	mc	mc	c			mc	mc		
Honey	allergen free													
Burguesinha	C		C			C	C	MC	C	MC	C			MC
Beef	allergen free													
Cheese							C							
Bacon	allergen free													
Spicy Sausage						C								
Fried Egg			C											
Francesinha Sauce	C					C			C					
Capoeira	C		C			MC	C	MC		C	C			MC
Chicken	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheese							C							
Mushrooms	allergen free													
Mustard and Honey Sauce	C									C				
Sweet Chilli	C		C			MC	C	MC		MC	C	C		MC
Chicken	allergen free													
Arugula	allergen free													
Cheddar Cheese							C							
Bacon	allergen free													
Crispy Onion	C													
Sweet Chilli Sauce												C		

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BURGERS ON BREAD

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Capoeira da Madeira *	C	MC	MC	MC			C	MC	MC		MC	MC		MC
Chicken	allergen free													
Lettuce	allergen free													
Orange	allergen free													
Cheddar Cheese							C							
Red Cabbage	allergen free													
Yogurt Sauce							C							
Preto	C		C			MC	C	MC		MC	C	C		MC
Iberian Pork	allergen free													
Lettuce	allergen free													
Tomato	allergen free													
Cheddar Cheese							C							
Grilled Pineapple	allergen free													
Fried Onion												C		
Fumeiro	C		C			MC	C	MC		MC	C			MC
Sausage	C					mc								
Spinach	allergen free													
Tomato	allergen free													
Cheddar Cheese							C							
Fried Egg			C											

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BURGERS WITHOUT BREAD

Basmati Rice	allergen free														
French Fries with Salt and Oreganos	allergen free														
Salad with Balsamic Dressing												C			
Básico	allergen free														
Beef	allergen free														
Lemon	allergen free														
Cervejeiro	C		C				C	C							
Beef	allergen free														
Beer Sauce	C						C	C							
Fried Egg			C												
Mostarda e Tomilho	C							C		MC	C	MC	C		
Beef	allergen free														
Cheddar Cheese								C							
Grilled Tomato	allergen free														
Fried Onion													C		
Mustard and Thyme Sauce	C							C		mc	c	mc	C		
Cogumelos	C						C	C					C		
Beef	allergen free														
Mushroom Sauce	C						C	C					C		
Carbonara			C					C		MC	MC	MC			
Beef	allergen free														
Carbonara Sauce			C					C		mc	mc	mc			
Fried Egg			C												
Bacon	allergen free														
Grana Padano Cheese Chips								C							

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VEGETARIANS BURGERS

Burger Bread	C		C			MC	C	MC		MC	C			MC
Caco Bread with Garlic Butter	C	MC	MC	MC			C	MC	MC		MC			MC
French Fries with Salt and Oreganos	allergen free													
Garlic Mayonnaise	C		C			C								

Asoka	C		C			MC	C	MC		MC	C	MC		MC
Mix of green lentiles, chickpeas, carrots, broccoli, potatoes, quinoa, onion, garlic, curry and cardamom														
Lettuce	allergen free													
Tomato	allergen free													
Pineapple	allergen free													
Red Onion	allergen free													
Yogurt Sauce							C							

Dharma	C		C			C	C	MC		MC	C	C		MC
Mix of soy, seitan, beetroot, potato, oatmeal flour, tomato, onion, garlic, paprika and pepper	C					C								
Lettuce	allergen free													
Cheddar Cheese							C							
Grilled Tomato	allergen free													
Pickled Gherkins											C			
Ketchup	allergen free													
Crispy Onion	C													

Green *	C	MC	MC	MC	MC	MC	C	C	MC		MC	MC		MC
Mix of grain, quinoa, potato, spinach, hemp protein, oregano, pepper, garlic, cardamom, coriander, parsley and onion														
Chèvre Cheese							C							
Walnuts	mc				mc	mc	mc	c			mc	mc		
Honey	allergen free													

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DESSERTS

Chocolate Mousse	MC		C		MC	C	MC	MC	MC	MC	MC	MC		
Camel Drool	MC		C		MC	MC	C	MC				MC	MC	MC
Vanilla Panna Cotta with Red Berries *							C							
Red Berries Dressing	allergen free													
Mango Panna Cotta with Passion Fruit **							C							
Passion Fruit Dressing	allergen free													
Red Berries Cheesecake	C					MC	C				MC			
Red Berries Dressing	allergen free													
Lime Mousse							C							
Peanut Mousse					C	MC	C	MC						

* Only in Beja City

** Only in Evora City

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HOMEMADE DRINKS

Lemonade	allergen free													
Red Berries Cold Tea	allergen free													
Carrot, Mango and Orange Juice	allergen free													
Spinach, Apple and Pineapple Juice	allergen free													
Red Currant with Soda	allergen free													
Natural Orange Juice	allergen free													

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